

The Corners of Our Fields

2011

Tifereth Israel Synagogue continues its tradition of supporting the DMARC Food Pantry with contributions of non-perishable food items and monetary donations during Yom Kippur.

Bring your donations on Kol Nidre, Friday, October 7th.

A representative from DMARC Food Pantry will be in the Circle Drive beginning at 5:00 pm prior to the Service to receive your contribution.

Thank you for helping us to continue this important and meaningful tradition.



As of April 2010, DMARC updated its listing of most needed food items. The revision is based on DMARC's commitment to providing emergency food that is free, and also nutritious. We are asking DMARC supporters to please help us promote health and wellness by noting this list of most needed food items.

- 100% Juice (tomato, orange, or vegetable in a can or plastic bottle)
- Fruit (canned in water or 100% juice, not in heavy syrup)
- Canned Vegetables with no salt added: tomatoes, green beans, mixed vegetables, or sweet potatoes
- Beans (dry or canned in water)
- Peanut butter
- Meat (tuna or chicken canned in water)
- Whole-grain dry pasta or egg noodles
- Brown rice (regular or instant)
- Vegetable soup (low-sodium)
- Whole grain crackers (wheat saltines)
- Spaghetti sauce
- Cereal: instant or regular oatmeal with no sugar added, whole grain cheerios, Wheat Chex, Wheaties, granola or shredded wheat
- Shelf-stable low-fat UHT milk (in aseptic packaging, no canned milk)
- Infant/baby formula
- Diapers and baby wipes
- Personal products: shampoo, soap, feminine hygiene, toothpaste, or deodorant
- Fresh whole grain bread items (with *generous* expiration dates)
- Fresh fruits and vegetables: potatoes/sweet potatoes, bananas, apples, carrots, grapes, oranges, tomatoes, melons, broccoli, or bell peppers

Please donate far before expiration and prime ripeness.

What about donating cash?

The Emergency Food Pantry can buy food at a much lower cost than individuals because we utilize the Food Bank of Iowa and local wholesalers.

*Seventy percent (70%) of food distributed is purchased using funds from cash donations.